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Materials:

PONY The Knook 3 mm
50 g / 115 m wool yarn in the main colour
50 g / 100 m ribbon yarn for the guide thread (approx. 5,5 m)
Pair of small scissors

Bracelet size:

ca. 2,5 cm wide and 8 cm Ø

Preparation:

Ribbon yarn in a contrasting colour is recommended as a guide thread. Thread the 5,5 m long guide thread to make a working length of 2,75 m. This object is different from many Knooking projects, because the guide thread is not pulled out - it stays in the object. This makes a weaving-optic, and the guide thread adds necessary stability.

TIP:

Knooking is crochet that looks like knitting and with a bit of practice you'll find knooking an easy technique, perfect for a small project and just the thing to slip into your bag for moments of creativity when out and about. The Knook is a crochet hook with an eye through which you thread a smooth cord. Ideal for crocheters who want to accomplish a knitted look and for knitters who fancy trying something new!

The knooking technique is perfect for working in the round, as only one needle is needed instead of knitting with a set of 4 or 5 needles.

It's that simple: Knitting with the Knook



Choose a Knooking needle to fit the wool yarn. The yarn shouldn't be too thick, so that both yarns have an effect. The guide yarn will NOT be removed in this project, although it normally is taken out in Knooking projects. This time it stays in your object.



Insert the hook from the right into the loops of the lower center part of the chain, pick up the wool yarn and pull it through the loop from underneath. Leave the stitch on the needle.



All of the stitches are now completed and on the guide yarn. Before you go further, check the size. You might need to pull the stitches a little to loosen them.



To finish the work cast off with slip stitches, i.e. insert the hook from the right, pick up the yarn and pull through the loop as well as the stitch on the needle. Now cast off all of the stitches. Cut the guide yarn to about 5 cm.



To get the right length for the guide yarn, fold the yarn over on itself to get two strings, and loosely twist it around the widest part of the hand 12 times. Thread the guide yarn through the eye of the Knooking needle, so that the eye is placed at the center of the yarn.



Make 24 stitches clockwise the same way. Now take the Knooking needle from the left through the stitches until they are "parked" on the end of the guide yarn.



Now knook the knit stitches: insert the hook into the loops from the front and pull the working yarn through, leaving the new stitches on the Knooking needle. Continue the round in a clockwise fashion.



Use the Knooking needle to pull both ends of the guide yarns through the inside of the bracelet. Do the same with the wool yarn.



Then crochet approx. 50 loose chain stitches (depending on the thickness of the wool yarn). The chain stitches should fit around your hand loosely; add stitches to fit. Close the circle with a slip stitch.



The end of the guide yarn should hang out about 5 cm, and it will be pulled through to the inside and sewn later. Finish the rest of the 25 stitches as explained above and pull them onto the guide yarn.



Keep on knooking until the guide yarn is completely used, or until you have about 10 rounds. Keep checking the size is correct.



Cut the wool yarn to about 40 cm and thread the end through the eye of the Knooking needle. Fold the top and bottom edges parallel, and sew them together using the Knooking needle. When you are finished, pull the end of the working yarn through the inside.

